

Terms and Conditions

Your Mind Is Full Of Shift | [yourmindisfullofshift.com](https://www.yourmindisfullofshift.com)

Effective Date: March 17, 2026 | Owner: Carilyn Moisan

1. Agreement to Terms

By accessing or using the Your Mind Is Full Of Shift website at <https://www.yourmindisfullofshift.com>, purchasing any product, or signing up for any service, you agree to be bound by these Terms and Conditions. If you do not agree, do not use the site. These terms are governed by the laws of the State of North Carolina, United States.

2. Who We Are

Your Mind Is Full Of Shift is owned and operated by Carilyn Moisan. We offer digital products, educational tools, quizzes, a subscription newsletter (the ShiftList), and professional hypnotherapy and NLP services.

3. Intellectual Property

All content on this website, including but not limited to text, graphics, logos, audio, video, tools, quizzes, workbooks, and digital products, is the exclusive intellectual property of Carilyn Moisan and Your Mind Is Full Of Shift. You may not copy, reproduce, distribute, publish, display, modify, or create derivative works from any content on this site without our express written permission. Purchasing a digital product grants you a personal, non-transferable, non-exclusive license to use it for your own personal use only.

4. Digital Products and Purchases

When you purchase a digital product from us:

- You receive a personal, non-commercial license to use the product
- You may not resell, share, redistribute, or reproduce the product in any form
- Due to the digital nature of our products, all sales are final unless otherwise stated
- We reserve the right to refuse service to anyone for any reason

Payments are processed by Wix Payments, PayPal, Stripe, and Apple Pay. By completing a purchase, you agree to their respective terms of service.

5. ShiftList Membership

By joining the ShiftList, you consent to receive email communications from Your Mind Is Full Of Shift. Membership is free and may include access to free tools, early access pricing, beta products, and newsletter content. We reserve the right to modify membership benefits at any time. You may unsubscribe at any time.

6. Professional Services

Carilyn Moisan is a qualified Clinical Hypnotherapist and Master NLP Practitioner with over 20 years of experience. Any professional services provided are subject to a separate client agreement. Nothing on this website constitutes a professional therapeutic relationship unless a formal agreement has been signed between the parties.

7. User Conduct

You agree not to:

- Use the site for any unlawful purpose
- Reproduce, distribute, or resell any content or products without permission
- Attempt to gain unauthorized access to any part of the site
- Use the site to transmit spam, malware, or harmful content
- Misrepresent your identity or affiliation

8. Limitation of Liability

To the fullest extent permitted by law, Your Mind Is Full Of Shift and Carilyn Moisan shall not be liable for any indirect, incidental, special, consequential, or punitive damages arising from your use of this website or any products or services purchased through it. Our total liability to you for any claim shall not exceed the amount you paid for the product or service in question.

9. Indemnification

You agree to indemnify and hold harmless Your Mind Is Full Of Shift, Carilyn Moisan, and any affiliated parties from any claims, damages, losses, or expenses (including legal fees) arising from your use of the site, your violation of these terms, or your violation of any third-party rights.

10. Third-Party Links

Our website may contain links to third-party websites. We are not responsible for the content, privacy practices, or terms of any third-party site. Links do not constitute an endorsement.

11. Changes to Terms

We reserve the right to modify these Terms and Conditions at any time. Changes take effect immediately upon posting. Continued use of the site constitutes acceptance of the updated terms.

12. Governing Law

These Terms and Conditions are governed by and construed in accordance with the laws of the State of North Carolina, United States, without regard to conflict of law principles.

13. Contact

Questions about these Terms? Contact us at cari@yourmindisfullofshift.com.

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